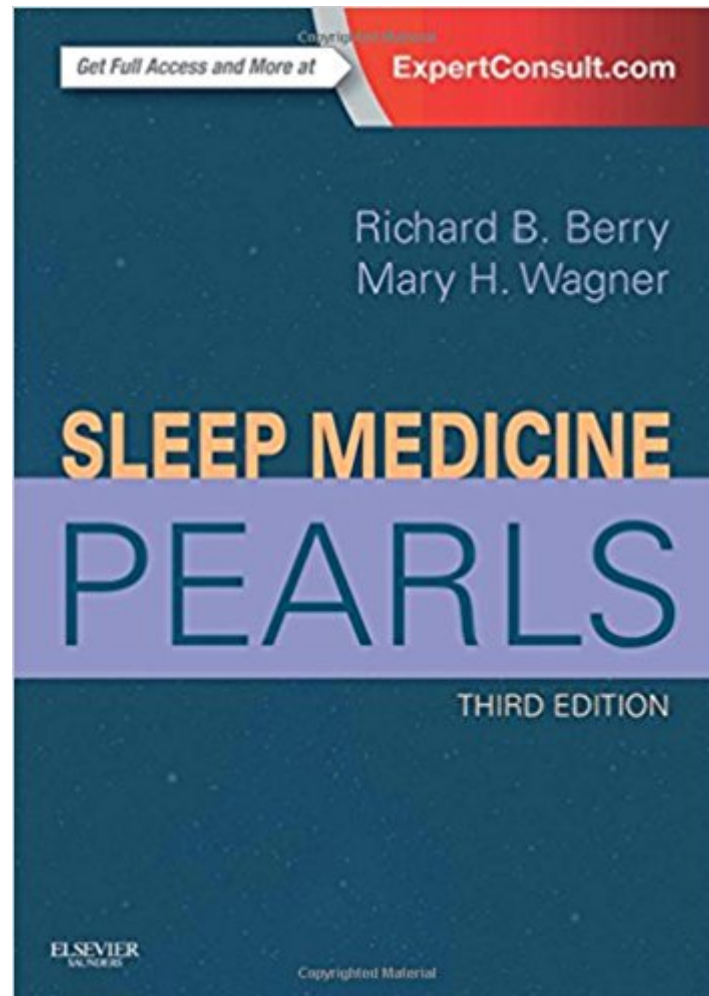




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Sleep Medicine Pearls, 3e (Pearls Series)



Synopsis

Sleep Medicine is a rapidly growing and changing field. Experienced sleep medicine clinicians and educators Richard B. Berry, MD and Mary H. Wagner, MD present the completely revised, third edition of Sleep Medicine Pearls featuring 150 cases that review key elements in the evaluation and management of a wide variety of sleep disorders. The cases are preceded by short fundamentals chapters that present enough basic information so that a physician new to sleep medicine can start reading page 1 and quickly learn the essential information needed to care for patients with sleep disorders. A concise, practical format makes this an ideal resource for sleep medicine physicians in active practice, sleep fellows learning sleep medicine, and physicians studying for the sleep boards. Zero in on the practical, "case-based" information you need to effectively interpret sleep studies (polysomnography, home sleep testing, multiple sleep latency testing), sleep logs, and actigraphy. Get clear, visual guidance with numerous figures and sleep tracings illustrating important concepts that teach the reader how to recognize important patterns needed to diagnose sleep disorders. Confer on the go with short, templated chaptersâ•ideal for use by busy physicians. A combination of brief didactic material followed by case-based examples illustrates major points.

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My Child Won't Sleep Through the Night: 5 No-Cry Solutions to Solve Your Child's Sleep Issues (Baby Sleep Solutions, Toddler Sleep Problems, Child Sleep Solutions, No-Cry Sleep Solution)
Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics)
Sleep Medicine Pearls, 3e (Pearls Series)
The Promise of Sleep: A Pioneer in Sleep Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep
The Sleep Lady's Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up Happy
Sleep: Discover How To Fall Asleep Easier, Get A Better Night's Rest & Wake Up Feeling Energized (The Best Sleep Solutions Available From All Natural To ... Treatments To Cure Insomnia & Sleep Easy)
Sleep Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep and Wake up Refreshed
ASHP's Informatics Pearls (Pearls Series)
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Healthy Sleep Habits, Happy

Child: A Step-by-Step Program for a Good Night's Sleep, 3rd Edition My Child Won't Sleep: A Quick Guide for the Sleep-Deprived Parent Hypnosis 8-Hour Sleep Cycle with Confidence Booster: The Sleep Learning System Hacking Sleep Apnea: 19 Strategies to Sleep & Breathe Easy Again The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night: Foreword by William Sears, M.D. Baby Sleep Training: How to Get Baby to Sleep Through Night Well Color Me To Sleep: Nearly 100 Coloring Templates to Promote Relaxation and Restful Sleep (A Zen Coloring Book) Deep Sleep Hypnosis: Fall Asleep Instantly and Sleep Well Hypnosis 8 Hour Sleep Cycle with Stop Sugar Cravings, Weight Loss Booster (The Sleep Learning System)

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